**SUICIDAL IDEATIONN**

**FACILITATION**

**INHIBITION**

**METHOD CO*NT*ROL**

**Method Available and Familiar**

**Mental State** Agitated DepressedPsychotic Anxious

**Mental State** Slowed Down

**MEDIA GUIDELINES**

**Social** Recent Example Weak Taboo Available Method Being Alone

**Underlying Trait** Impulsive Intense Genetic Predisposition

**Social** Strong Taboo/Religious Available Support Presence of Others Difficult to Access Method

**HOTLINE**

**GATEKEEPERS**

**FIND and TREAT**

**Acute Mood Change** Anxiety-Dread Hopelessness Anger

**Stress Event** Legal, Family, or School Problem Significant Loss or Humiliation

**Psychiatric D/O** Mood Disorder Substance Use Anxiety Disorder

**SUICIDE**

**SURVIVAL**